



## Full Moon in Aquarius

Aug 3, 2020  
8:58 am PST

Print these pages and if possible White Sage your environment, including your crystals and jewelry. Then put them under the visible moonlight, and if not possible on a windowsill.

Consciously work on each question and write your answers on to the worksheet in the field made available to you below each.

When you are done, play your favorite music, place the pages in a fire-safe receptacle and burn them, preferably using matches.

**Don't be alarmed if you get emotional, especially when releasing.  
LET IT ALL OUT AND LET IT ALL GO!**

We will be Moon Working our vibrational energy so high that our anxiety will just fall away.

Some months you will do the entire rituals, while in others, you will just envision performing them in your mind.

Under the FULL MOON we RELEASE. Forgiveness and gratitude are a crucial part of our shadow work. It is when emotions come to the surface, we "let go" by burning them in a fire-safe receptacle.

Under the NEW MOON we CLEAR our intentions and things we wish to manifest. No one will ever see your deepest, secret wishes, because like with the Full Moon Ritual, you will set fire to them and burn them in a fire-safe receptacle

## Let's Get Started!



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Well, welcome back self-doubt and insecurity. How didn't we miss you at all? Time to get our heads ALL the way straight. We are worthy of love, stop now. Let's get that forgiveness list going and start with number one.

Forgive, Forgive, Forgive, this is for you. Who do you need to forgive because their best is nowhere near your best? What can you let go of? What can you forgive yourself for?

*What am I willing to let go of for authenticity?*

*What does unconditional love mean to me?*

*What is the worst thing that could happen?*



# Full Moon

## Forgiveness List

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Why do you need to forgive this month? Write out their name and forgive them.  
They are more than likely doing their best, believe it or not!
